

### The Key Jar

"We are explorers of ourselves and the people we love. Love is the ongoing process of unlocking each other, and thoughtful questions are the keys we use to do the unlocking."

Glennon Doyle Melton, Momastery

Unlock the hearts of your little ones using these keys to a great family conversation.

Cut out the label below, affix it to a jar, and fill the jar with the question strips on pages 3-5.

Simply pull a question from the jar during a family meal and listen to the magic unfold!





What was your first thought when you woke up today?





What are you most afraid of?





What do you want to accomplish by your next birthday?





If you could be famous for one thing, what would it be?





What's your favorite word right now? Why?





What do you love about yourself?





What's something that is hard for you?





Describe your perfect day.



# Who in your class is lonely?





Who in your class is a leader?





When is it hard being a friend?





Who is somebody you'd like to be friends with who isn't yet your friend?





If you could switch places with one friend for a day, who would it be?





How were you a helper today?





What's the smartest thing you heard somebody say today?





Who in your class makes you smile?





## What's the best thing about living here?





How can you change the world?





What's the biggest challenge facing our world today?





If somebody from another planet came to Earth, what would he or she think of our world?





What is something you use every day that you don't need?





What would be the hardest thing about being blind?





If you could give everybody in the world one piece of advice, what would you say?





If you could time travel, where would you go? What would you change?



#### Keys On-the-Go

Create a conversation piece that you can take anywhere! Cut out the label below, affix it to a plastic zip bag, and fill the bag with the question strips on pages 7-9.

Great for unlocking your little peoples' minds in the car, at soccer practice, or out to dinner!





What is something you know how to do that you could teach others?





What will you be doing in 10 years?





What's the most important choice you will have to make in your life?





If you could only eat one food for an entire year, what would you choose?





If you could have one superpower, what would it be?





What is the best thing that's ever happened to you? What is the worst thing?





If you had 3 wishes, what would they be?





What are you the most proud of?





## Who in your class seems sad?





Who do you admire? Why?





What is something you've always wanted to ask me?





If you could switch places with one family member for a day, who would it be?





What are the 3 most important qualities in a friend?





What's the funniest thing somebody did or said today?





Besides your teacher, who is somebody in your class you could learn from?





Who in your class is special? Why?





## What is the most important job in the world?





If you could create one law that everybody on Earth had to follow, what would it be?





If you could go anywhere in the world to complete a good deed, where would you go and what would you do?





What will the world be like in 10 years? What will be the same?
What will be different?





Is it possible to help somebody you've never met?
How?





If you could live in another country for 1 year, where would you live?





Is it better to have too much of something or not enough of something?





Who is the most important person in the world?



#### **Thank You!**

Thank you for downloading The Key Jar! A special thanks to Mrs. Bligh for the inspiration. Please visit <a href="www.momastery.com">www.momastery.com</a> for more information about this project!







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